

## Enriching Your Faith in a Change of Season

In the last lesson, we learned about praying it out before we speak it out. This is important because as we learned in Key Aspects of Godly Boundaries, our boundaries must be made with God in mind! Praying it out first allows God space and time to move in our loved one's hearts before we get involved in God's work.

Today's lesson is a continuation of that prayerful mindset. The goal-setting we're doing here is more than just making personal mission statements, it's about getting your life on track to be the most amazing you- that you can be! **It is a change in your physical season. Where there was once a season of despair, you now are planting seeds for a season of hope.**

*"Watch closely: I am preparing something new; it's happening now, even as I speak, and you're about to see it. I am preparing a way through the desert; Waters will flow where there had been none."*

*-Isaiah 43:19 (VOICE)*

Waters will flow where there had been none... do you feel as though you've been searching for water in the desert? Walking through a barren wasteland, looking for springs of life? I know how that feels. It's a hopeless feeling. Like the story of Elijah, who was running and exhausted with life, sometimes we just want to give up.

Part of your homework today will be to read the story of Elijah but for now what I want you to recognize is that in the end of the story, you'll see God tells Elijah that He wants him to stand on the mountain so Elijah can see God when He passes by. There is a strong wind that breaks rocks, an earthquake and a fire but Elijah knows God is not in

those things. Then, a *gentle breeze passes by* and Elijah comes out to meet God. God made it known to Elijah that He was a *gentle, loving God* who wanted Elijah to know who He was and that God was, in fact, with him in that moment.

**Is this a moment you need to know God is in?**

Spending time with God and getting to know Him deeper is an ever-continual process for the Christian but it's not about how many Bible verses you have memorized- it's about a relationship. **God is a comforter.** When we are in need, He is there to comfort us. Strengthen us. Encourage us. Nurture us.

**Which is why, in these very tough moments, we need to stay close to Him so we do not lose sight of where we are: In a moment with God.**

Print out your worksheets and read the story of Elijah. I'm pretty sure you'll be able to relate!